

## Washington, D.C.

#### March 14-15, 2019 8<sup>th</sup> Grade Class Field Trip Apex Middle School

### Holbrook Field Trips

- Education Field Trip Specialist since 1974
- Founded by and directed by NC educators
- Holbrook developed 73 trips for WCPSS in 2018
- 80 NC schools traveled with Holbrook to Washington DC
- Tony Infantino –Director of Sales, tour director and former teacher



### Transportation to D.C.

- Your group will travel by deluxe motorcoaches
- Drivers are selected based on knowledge of the area and professionalism
- Plush upholstered reclining seats
- Comfortable headrests
- LCD reading lights
- Restroom equipped
- DVD equipped
- Adjustable foot rests



## **Itinerary- Day 1**

- Boarding begins at 6:30 AM
- Depart for DC at 7:00 AM
- Rest and/or meal stops every two hours
- Lunch at rest stop before Washington DC
- Arrive DC late morning



# Visit the Lincoln, Vietnam, and Korean Memorials



#### Guided Walking Tour of Arlington National Cemetery



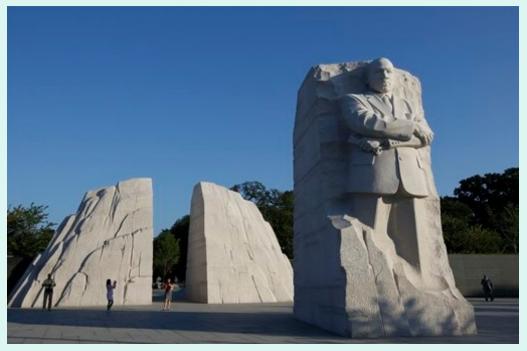
# Changing of the Guard at the Tomb of the Unknown Soldiers



#### Gravesites of President JF Kennedy & family



#### Visit the MLK Memorial





#### Dinner at Reagan International Trade Center food courts (included)



# What is a voucher?

•Vouchers are prepaid meal coupons to be used at restaurants in this food court

•Vouchers offer students and parents a variety of restaurants

•Helps students decide what choices to make for meals at each restaurant

•Instead of using cash, the vouchers are redeemed at the restaurant to pay for the meal

Can be used at one location at a time

•Offers many choices to account for allergies and likes/dislikes

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LUNCH OR	110
DINNER	0 MAY
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FOOD COURT HOURS	$\langle / / \rangle = \langle / \rangle$
Weekdays 7am-7pm	/ \>/ \
Saturday 11am-6pm	
Sunday 12noon-5pm Sundays: Only March 1 - August 31	$\sim$
14th Street Deli	Kabuki Sushi & Teriyaki
<ul> <li>Any regular eight-inch cold or hot sandwich OR salad either with gritted</li> </ul>	<ul> <li>Chicken or beef tertyaki Off chicken or beef rice bowf OR sesame chicken OR</li> </ul>
chicken, harn or turkey	chicken fried rice OR chicken salad OR
Chips or cookie	California or tuna or salmon roll (12
Medium soda or iced tea	<ul> <li>pieces) OR spring roli (4 pieces)</li> <li>Large soda or chips</li> </ul>
Au Bon Pain	영미 같은 사람에 너 나 안내네.
<ul> <li>Half sandwich OR medium mac n' cheese</li> <li>Chips</li> </ul>	Larry's Cookies     Two scoops of ice cream OR one scoop
Apple, banaria or chocolate chip cookie	of ice cream and one cooke OR two
Any bottled beverage	cookies
Bassett's Original Turkey	Medium socia or coffee
+Sliced turkey dinner with choice of	Naok
two sides, cranberry sauce and roll OR	+ 12" cheese quesadilla OR pulled BBQ
any specialty sandwich with chips + Large soda	<ul> <li>pork OR chicken sandwich</li> <li>Soft drink</li> </ul>
사람님 이 같은 것을 많은 것을 수 있다.	One mini dessert
California Tortilla • Small burrito OR two tacos OR nachos	Chips
OR small quesadilla (any one item of	Quick Pita
the above except steald	+ Gyro (lamb and beef or chicken) OR
<ul> <li>Small chips</li> <li>Small soda or water bottle</li> </ul>	falafel (vegan) OR pita-burger OR cheese-pita
	· French fries or baklava
City Lights of China Express	+ 16 oz soft drink or water (bottle)
<ul> <li>General Tao's chicken OR sesame</li> <li>chicken OR sweet &amp; sour chicken</li> </ul>	Quiznos Sub
Fried or steamed rice	<ul> <li>Any regular size sub with chips or</li> </ul>
•Medium soda	cookie OR any small sub and cup of
Everything Yogurt & Salad Cafe	soup (except premium sub menu) + Regular fountain drink
<ul> <li>Any regular size salad fincluding make</li> </ul>	옷 작업을 즐근거나는 것 같.
your own) OR choice of any sandwich (classic or hoagie) OR choice of any	R&B Steak and Grill • Philly cheesesteak combo OR chicken
wrap OR choice of any grilled cheese	<ul> <li>Initity cheesesteak combo OR chicken strip.</li> </ul>
sandwich OR today's special	combo OR 10 chicken nugget combo
<ul> <li>Medium soda with chips or regular strawberry smoothie</li> </ul>	Fresh cut fries     Medium soda or iced tea
지 않는데 말 같은 것을 많은 것을 수 있다.	- MIRVENICE BANKS OF MACH AND
Flamers	Saxbys Coffee
<ul> <li>1/4 lb hamburger OR cheeseburger</li> <li>OR chicken files</li> </ul>	Deli sandwich     Large Coffee of the Day
<ul> <li>Regular fries or cheese fries</li> </ul>	
Regular beverage	Sharro
Gelatișsimo	<ul> <li>Baked ziti OR spaghetti with garlic roll OR two slices of any thin crust pizza</li> </ul>
Any Italian sandwich	+ Side salad
<ul> <li>Gelato (Italian ice cream) or chocolate mousse dessert</li> </ul>	• Large soda
Medium soda or small coffee	Smoothie King
영문은 말을 수 있는 것이다.	Any medium 32 oz. smoothie
Great Wraps	(except for shape-up smoothies)
<ul> <li>Any tortilia wrap with gyro, chipotle</li> </ul>	One Nature Valley bar

chicken. Thai chicken, chicken caesar

#### Photo stop at the White House



#### Is the hotel secure?



- Hotel will be interior corridor rooms
- Students check into their assigned rooms and may not leave to visit any other room or part of the hotel
- Hot Breakfast on Day 2
  - Best Western Springfield, VA

#### Day 2 - Guided Tour of US Capitol



#### Smithsonian Museums

- Museum of Natural History
- Museum of American History
- Air and Space Museum

#### \*\*\*Self-guided Visit\*\*



## Museum of African American History and Culture

NMAAHC

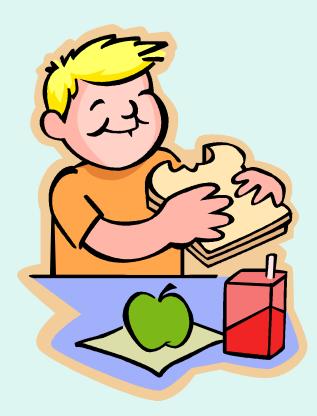
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North Carl

Web of the other states

## Lunch is included at the Smithsonian food court



#### Depart D.C. early afternoon

- Fast food dinner stop (\$10 cash included)
- Rest and/or meal stops every two hours
- Arrive at school approximately 10:00 PM



### Included in the trip

- Hotel accommodations for one evening
- Charter bus transportation
- One hot breakfasts at hotel
- Two dinners and one lunch
- Attractions and fees, & gratuities for bus drivers
- Professional Full-Time Tour Director
- Additional guides for tours of memorials

### **Bus Guidelines**

- Stay seated
- Earphones must be used
- Snacks from home
- Plastic bottles with caps
- Keep it clean

- NO GUM
- DO NOT bring drinks with lids that don't seal
- NO aerosols or items that are not allowed at school
- NO loud or distracting noises

#### Pack 1 small suitcase & a small carry-on for the bus ride

#### <u>Bring</u>

- Comfortable sneakers and an extra pair in case of wet weather
- Jacket if cold
- A small umbrella and rain jacket
- School appropriate clothes
- Bag lunch for Day 1
- Snacks
- Money for souvenirs
- Camera!
- Portable phone charger

#### Don't Bring

- Flip flops
- Baggy pants
- Clothes against school dress code
- Anything that can be considered a weapon
- You may be subject to search when entering the museums
- Gum
- Expensive items

#### Have a great time!!

- Thank you parents for supporting this adventure in learning.
- We are proud to be taking this group of students to see our Nation's capitol first hand.
- This trip is not possible without parent chaperones!

#### Works Cited

- Smithsonian National Air and Space Museum National Mall Building
- Photo © Eric Long/OIPP, National Air and Space Museum, Smithsonian Institution
- Smithsonian National Museum of Natural History. Photo © Smithsonian Institution
- Aerial View of the National Mall in Washington, DC. *Photo courtesy of the National Park Service*
- Korean War Memorial Aeriel View. Photo © Terry J. Adams, National Park Service
- Washington Monument. Photo © Rachel Cooper, licensed to About.com, Inc.
- The U. S. Capitol Building. *Photo* © *Rachel Cooper, licensed to About.com, Inc.*
- Latoff, Richard. American Battle Monuments Commission.
- WWII Memorial View from Washington Monument